



VIRTUAL SALTILLO FESTIVAL 2020

DISCADA

COOKING CLASS

FOR 4-6 PEOPLE

INGREDIENTS

- 1kg chopped beef meat (small pieces)
- 1kg chopped pork meat (small pieces)
- 1/2 kg bacon
- 1/2 kg hotdog sausage
- 1 green bell pepper
- 1 onion
- 4 medium size red tomatoes
- 1 can of V8 juice
- 1 can of beer
- 1 spoon of lard
- salt
- optional: 2 spoons of minced coriander

To cook a *discada*, you'll need a "disco," like a big wok and a spatula.

We recommend corn tortillas and a beer or dry wine of your choice to enjoy!

For the full recipe visit:

www.austinsalttillo.com/discada-cooking-class